



# Holy Cross Explorers 38 Things to Do Before You Leave Lower Key Stage 2 Junior Explorers



# Name:





Our school Mission Statement plays an important part in our hope and expectations for the children. *I can be the best I can be...* 

Welcome to your book of

#### 38 Things to do Before You Leave Lower Key Stage 2 - Junior Explorers

In the book, you will find many different activities for you to complete over the course of the year, all of which will help you to build your resilience, confidence and independence.

They will also help you know how to keep physically and mentally healthy at each stage of your education. The activities include many different ways to do this, for example, through sport, creativity and volunteering. At the top of each page, you will find the activity that you need to complete. The rest of the page is for you to show your evidence of how and what you did . This may be photographs, drawings, letters or a piece of writing - how you choose to evidence it is up to you! When you have completed an activity, bring your book into school for your teacher to sign and date.

At the end of the year, if you have completed all of your activities you will receive an award that you can be very proud of. The award will be presented to you in a special assembly (your family will be invited too!) Remember, take pride in this book as it will show how hard you have worked to demonstrate what an independent, confident person you are becoming. Take your time but most of all...enjoy completing them.







#### **Contents**

- 1. Learn to tie your shoelaces
- 2. Have a pyjama day
- 3. Build a shelter
- 4. Travel on a train
- 5. Introduce yourself in a different language
- 6. Write to a friend
- 7. Raise money for charity
- 8. Write a poem
- 9. Eat something that you grew
- 10. Have a picnic
- 11. Make a healthy packed lunch
- 12. Make a bed
- 13. Learn to whistle
- 14. Join an extra curricular club
- 15. Make a daisy chain
- 16. Run until you cannot run anymore
- 17. Learn to tell the time
- 18. Spend some money in a shop
- 19. Learn an important telephone number
- 20. Have a water fight
- 21. Tell a joke
- 22. Spot some birds and identify them
- 23. Prepare a meal
- 24. Go on a family walk
- 25. Feed an animal
- 26. Go crabbing
- 27. Climb a tree
- 28. Send a letter in the post
- 29. Visit the library
- 30. Touch a sea creature
- 31. Take part in a team sport
- 32. Raise money for charity
- 33. Listen to live music
- 34. Read a story outside
- 35. Use a map to plan a trip
- 36. Cook a meal
- 37. Bake a cake
- 38. Send an invitation





1. Learn to tie your shoelaces







## 2. Have a pyjama day







#### 3. Build a shelter







# 4. Travel on a train







5. Introduce yourself in a different language







# 6. Write to a friend







# 7. Raise money for charity







#### 8. Write a poem







9. Eat something that you grew







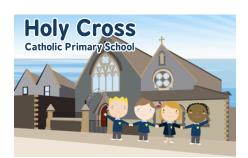
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11. Make a healthy packed lunch







#### 12. Make a bed







## 13. Learn to whistle







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# 15. Make a daisy chain







#### 16. Run until you cannot run anymore

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# 17. Learn to tell the time







18. Spend some money in a shop







19. Learn an important telephone number







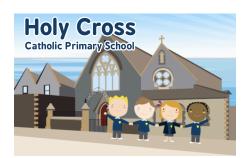
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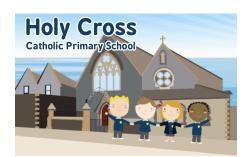
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