

Holy Cross Explorers

38 Things to Do Before You Leave

Lower Key Stage 2 Junior Explorers



Name:



Our school Mission Statement plays an important part in our hope and expectations for the children.

I can be the best I can be...

Welcome to your book of
38 Things to do Before You Leave Lower Key Stage 2 - Junior Explorers

In the book, you will find many different activities for you to complete over the course of the year, all of which will help you to build your resilience, confidence and independence.

They will also help you know how to keep physically and mentally healthy at each stage of your education. The activities include many different ways to do this, for example, through sport, creativity and volunteering. At the top of each page, you will find the activity that you need to complete. The rest of the page is for you to show your evidence of how and what you did . This may be photographs, drawings, letters or a piece of writing - how you choose to evidence it is up to you! When you have completed an activity, bring your book into school for your teacher to sign and date.

At the end of the year, if you have completed all of your activities you will receive an award that you can be very proud of. The award will be presented to you in a special assembly (your family will be invited too!)

Remember, take pride in this book as it will show how hard you have worked to demonstrate what an independent, confident person you are becoming. Take your time but most of all...enjoy completing them.



Contents

1. Learn to tie your shoelaces
2. Have a pyjama day
3. Build a shelter
4. Travel on a train
5. Introduce yourself in a different language
6. Write to a friend
7. Raise money for charity
8. Write a poem
9. Eat something that you grew
10. Have a picnic
11. Make a healthy packed lunch
12. Make a bed
13. Learn to whistle
14. Join an extra curricular club
15. Make a daisy chain
16. Run until you cannot run anymore
17. Learn to tell the time
18. Spend some money in a shop
19. Learn an important telephone number
20. Have a water fight
21. Tell a joke
22. Spot some birds and identify them
23. Prepare a meal
24. Go on a family walk
25. Feed an animal
26. Go crabbing
27. Climb a tree
28. Send a letter in the post
29. Visit the library
30. Touch a sea creature
31. Take part in a team sport
32. Raise money for charity
33. Listen to live music
34. Read a story outside
35. Use a map to plan a trip
36. Cook a meal
37. Bake a cake
38. Send an invitation

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