



Holy Cross Explorers 38 Things to Do Before You Leave Upper Key Stage 2 Chief Explorers



Name:





Our school Mission Statement plays an important part in our hope and expectations for the children. *I can be the best I can be...*

Welcome to your book of

38 Things to do Before You Leave Upper Key Stage 2 - Chief Explorers

In the book, you will find many different activities for you to complete over the course of the year, all of which will help you to build your resilience, confidence and independence.

They will also help you know how to keep physically and mentally healthy at each stage of your education. The activities include many different ways to do this, for example, through sport, creativity and volunteering. At the top of each page, you will find the activity that you need to complete. The rest of the page is for you to show your evidence of how and what you did . This may be photographs, drawings, letters or a piece of writing - how you choose to evidence it is up to you! When you have completed an activity, bring your book into school for your teacher to sign and date.

At the end of the year, if you have completed all of your activities you will receive an award that you can be very proud of. The award will be presented to you in a special assembly (your family will be invited too!) Remember, take pride in this book as it will show how hard you have worked to demonstrate what an independent, confident person you are becoming. Take your time but most of all...enjoy completing them.







<u>Contents</u>

- 1. Break a record
- 2. Use six types of transport
- 3. Play conkers
- 4. Perform in front of an audience
- 5. Visit a museum
- 6. Go swimming
- 7. Have a sleepover
- 8. Sew a button on a shirt
- 9. Build a shelter
- 10. Learn basic first aid
- 11. Tie a tie
- 12. Play a card game
- 13. Tie three different knots
- 14. Prepare a meal
- 15. Read a novel
- 16. Create an origami animal
- 17. Watch the sun set
- 18. Order your food in a restaurant
- 19. Learn to ride a bike
- 20. Write a letter to a friend and post it
- 21. Use a map and compass
- 22. Learn a magic trick
- 23. Skim a stone
- 24. Go rock pooling
- 25. Hold a short conversation in a different language
- 26. Go to the cinema
- 27. Read a story to someone else
- 28. Learn to play chess
- 29. Spend some money in a shop
- 30. Learn an important telephone number
- 31. Join a club
- 32. Watch something from before you were born
- 33. Make a fresh bed
- 34. Take a risk
- 35. Draw a self-portrait
- 36. Give a speech
- 37. Wash a car
- 38. Teach somebody a new skill





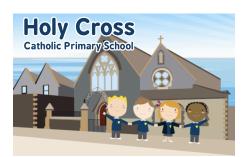
1. Break a record







2. Use six types of transport







3. Play conkers







4. Perform in front of an audience







5. Visit a museum







6. Go swimming







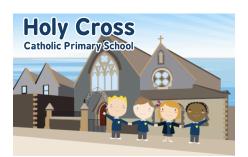
7. Have a sleepover







8. Sew a button on a shirt







9. Build a shelter







10. Learn basic first day







11. Tie a tie







12. Play a card game







13. Tie three different knots







14. Prepare a meal







15. Read a novel







16. Create an origami animal







17. Watch the sun set







18. Order your food in a restaurant







19. Learn to ride a bike







20. Write a letter to a friend and post it







21. Use a map and compass







22. Learn a magic trick







23. Skim a stone







24. Go rock pooling







25. Hold a short conversation in a different language







26. Go to the cinema







27. Read a story to someone else







28. Learn to play chess







29. Spend some money in a shop







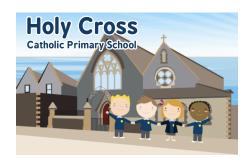
30. Learn an important telephone number







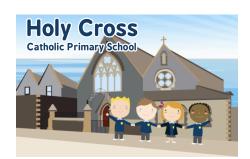
31. Join a club







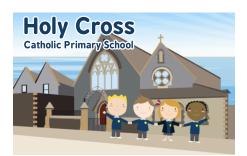
32. Watch something from before you were born







33. Make a fresh bed







34. Take a risk







35. Draw a self-portrait







36. Give a speech







37. Wash a car







38. Teach somebody a new skill

