

# Holy Cross Explorers

## *38 Things to Do Before You Leave* **Upper Key Stage 2 Chief Explorers**



Name:



**Our school Mission Statement plays an important part in our hope and expectations for the children.**

***I can be the best I can be...***

Welcome to your book of  
**38 Things to do Before You Leave Upper Key Stage 2 - Chief Explorers**

In the book, you will find many different activities for you to complete over the course of the year, all of which will help you to build your resilience, confidence and independence.

They will also help you know how to keep physically and mentally healthy at each stage of your education. The activities include many different ways to do this, for example, through sport, creativity and volunteering. At the top of each page, you will find the activity that you need to complete. The rest of the page is for you to show your evidence of how and what you did . This may be photographs, drawings, letters or a piece of writing - how you choose to evidence it is up to you! When you have completed an activity, bring your book into school for your teacher to sign and date.

At the end of the year, if you have completed all of your activities you will receive an award that you can be very proud of. The award will be presented to you in a special assembly (your family will be invited too!)

Remember, take pride in this book as it will show how hard you have worked to demonstrate what an independent, confident person you are becoming. Take your time but most of all...enjoy completing them.



## Contents

1. Break a record
2. Use six types of transport
3. Play conkers
4. Perform in front of an audience
5. Visit a museum
6. Go swimming
7. Have a sleepover
8. Sew a button on a shirt
9. Build a shelter
10. Learn basic first aid
11. Tie a tie
12. Play a card game
13. Tie three different knots
14. Prepare a meal
15. Read a novel
16. Create an origami animal
17. Watch the sun set
18. Order your food in a restaurant
19. Learn to ride a bike
20. Write a letter to a friend and post it
21. Use a map and compass
22. Learn a magic trick
23. Skim a stone
24. Go rock pooling
25. Hold a short conversation in a different language
26. Go to the cinema
27. Read a story to someone else
28. Learn to play chess
29. Spend some money in a shop
30. Learn an important telephone number
31. Join a club
32. Watch something from before you were born
33. Make a fresh bed
34. Take a risk
35. Draw a self-portrait
36. Give a speech
37. Wash a car
38. Teach somebody a new skill

# 1. Break a record

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



## 2. Use six types of transport

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



### 3. Play conkers

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



## 4. Perform in front of an audience

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



## 5. Visit a museum

Date: \_\_\_\_\_ Signed: \_\_\_\_\_





## 6. Go swimming

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



# 7. Have a sleepover

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



## 8. Sew a button on a shirt

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



## 9. Build a shelter

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



# 10. Learn basic first day

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



# 11. Tie a tie

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



## 12. Play a card game

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



### 13. Tie three different knots

Date: \_\_\_\_\_ Signed: \_\_\_\_\_





# 14. Prepare a meal

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



# 15. Read a novel

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



## 16. Create an origami animal

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



17. Watch the sun set

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



# 18. Order your food in a restaurant

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



# 19. Learn to ride a bike

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



20. Write a letter to a friend and post it

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



## 21. Use a map and compass

Date: \_\_\_\_\_ Signed: \_\_\_\_\_





## 22. Learn a magic trick

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



## 23. Skim a stone

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



# 24. Go rock pooling

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



25. Hold a short conversation in a different language

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



## 26. Go to the cinema

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



27. Read a story to someone else

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



## 28. Learn to play chess

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



29. Spend some money in a shop

Date: \_\_\_\_\_ Signed: \_\_\_\_\_





30. Learn an important telephone number

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



# 31. Join a club

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



32. Watch something from before you were born

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



### 33. Make a fresh bed

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



# 34. Take a risk

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



35. Draw a self-portrait

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



# 36. Give a speech

Date: \_\_\_\_\_ Signed: \_\_\_\_\_



# 37. Wash a car

Date: \_\_\_\_\_ Signed: \_\_\_\_\_





38. Teach somebody a new skill

Date: \_\_\_\_\_ Signed: \_\_\_\_\_

